

## PARK COUNTY SENIOR COALITION CLIENT ASSESSMENT

**A. CLIENT IDENTIFICATION:** County: PARK Date of Assessment: \_\_\_\_\_ Assessed by \_\_\_\_\_ New/Update Client Phone: (\_\_\_\_) \_\_\_\_\_

**NAPIS Related: For Office Use Only**  
*All Park County residents are RURAL & Geographically Isolated*

E-mail address: \_\_\_\_\_  
**Please circle the best description of your use:**  
**Avid Daily Infrequent Timid**

Current Residence: **check one**  
 Owns Home     Rents  
 Family member's residence  
 Homeless     Other

**C. DIRECTIONS TO HOME:**

**ACKNOWLEDGEMENTS: (initial Y or N)**

*I am aware that information I am submitting may be used for substantiation of eligibility and expenses and may be provided to the state or funders for that purpose.* \_\_\_\_\_ Y  
 \_\_\_\_\_ N

*I have been informed that donations & contributions are requested, are voluntary, & that no eligible person shall be denied a service based on their inability and/or choice not to contribute.* \_\_\_\_\_ Y  
 \_\_\_\_\_ N

*I have received a copy of the Park County Senior Coalition complaint/grievance procedure and am aware of my right to appeal.* \_\_\_\_\_ Y  
 \_\_\_\_\_ N

*I give permission for PCSC to discuss my health & services with my Dr./contacts.* \_\_\_\_\_ Y  
 \_\_\_\_\_ N

*I give permission for PCSC to provide my health and contact information in an emergency (evacuation, fire, etc.)* \_\_\_\_\_ Y  
 \_\_\_\_\_ N

\_\_\_\_\_  
**CLIENT SIGNATURE**

Last Name: \_\_\_\_\_ First: \_\_\_\_\_ M.I. \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 AKA: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_  
 Do you consider yourself Hispanic or Latino? Yes/No    Race: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ Primary Language: \_\_\_\_\_ Other Language: \_\_\_\_\_  
 Add: \_\_\_\_\_ Town: \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_  
**Residential Address:**  
 Add: \_\_\_\_\_ Town: \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Years in Park County -----

**B. EMERGENCY CONTACT INFORMATION:**

Power of Attorney \_\_\_\_\_ Tel (Home) \_\_\_\_\_ Tel (Work) \_\_\_\_\_  
 Type of POA \_\_\_\_\_ Relationship to client of person with POA \_\_\_\_\_  
 Primary Physician \_\_\_\_\_ Tel (Home) \_\_\_\_\_ Tel (Work) \_\_\_\_\_  
 Primary Contact \_\_\_\_\_ Tel (Home) \_\_\_\_\_ Tel (Work) \_\_\_\_\_  
 (Relation to Client) \_\_\_\_\_  
 Caregiver \_\_\_\_\_ Tel \_\_\_\_\_ Relationship to Client \_\_\_\_\_

**D. NOTES & LINKED PARTNER/FAMILY RECORD(S): can use back of form if more room is needed**

**E. HOUSEHOLD ANNUAL INCOME:**

Marital Status: Married/ Single/ Domestic Partner/Widowed/ \_\_\_\_\_

What is your monthly income range? · \$ 1,063 or less    100% · \$ 1,064- \$1,327    125% · \$ 1,328- \$1,965 · \$1,966 or more    185%	What is you and your spouse's? Monthly married income range? · \$1,437 or less    100% · \$1,438-\$1,796    125% · \$1,797-\$2,658 · \$2,659 or more    185%
---	--

Employed? \_\_\_\_\_ (note whether FT, PT, Temp, or NO)  
 Lives: Alone/With Spouse/With Extended Family/With Non-Relatives

**F. COMMON QUALITIES: (Y, N, or D/K)**

\_\_\_\_ Veteran  
 \_\_\_\_ Veteran Spouse  
 \_\_\_\_ Abused/Neglected/Exploited  
 \_\_\_\_ # of persons in household  
 \_\_\_\_ # of children in household  
 \_\_\_\_ MEDICARE  
 \_\_\_\_ MEDICAID ELIGIBLE?  
 \_\_\_\_ Receive Soc. Security  
 \_\_\_\_ Homebound  
 Why? \_\_\_\_\_

## PARK COUNTY SENIOR COALITION ASSESSMENT

**G) ACTIVITIES OF DAILY LIVING (ADL's)** (check Y or N)

	Y	N
I can eat without help		
I can dress myself without help		
I can bathe myself without help		
I can use the toilet without help		
Do you use incontinence supplies?		
I can get in & out of the bed/chairs without help		
I can get around in my home without help		
TOTAL ADL's (do not count incontinence supply question)		

**I) NUTRITION CHECKLIST:** (Circle the answers) Y N

	Y	N
a. I have an illness or condition that changes the kind and/or amount of food that I eat.	2	0
b. I eat fewer than 2 meals per day	3	0
c. I eat few fruits or vegetables or milk products	2	0
d. I have 3 or more drinks of beer, liquor, or wine almost every day.	2	0
e. I have tooth or mouth problems that make it hard for me to eat.	2	0
f. I don't always have enough money to buy the food I need.	4	0
g. I eat alone most of the time	1	0
h. I take 3 or more different prescribed or over-the-counter drugs a day	1	0
i. Without wanting to, I have lost or gained 10 lbs. in the last 6 mo.	2	0
j. I am not always physically able to shop, cook, and/or feed myself.	2	0
k. Do you smoke?	Y	N
l. Would you like to speak to a Dietician?	Y	N
<b>TOTALS</b>		

**If your Combined Total is:** **TOTAL SCORE:** \_\_\_\_\_

- 0-2** GOOD! Recheck Nutritional Status in 6 months.
- 3-5** Moderate nutritional risk. Recheck in 3 months. See what can be done to improve your eating habits. Your local Health Dept., Dietitian or Dr. can help.
- 6 or more** High nutritional risk. Ask for help to improve your nutritional health the next time you see your Dr./ Dietitian/ other Health Professional. Ask your Dr. about Ensure Products or other meal supplements.

**H) Instrumental Activities of Daily Living (IADL's)** (check Y or N)

	Y	N
I can manage money without help		
I can take care of shopping without help		
I can take my medication without help		
I can prepare meals without help		
I can do ordinary housework without help		
I can use the telephone without help		
I can access/use public transportation w/o help		
TOTAL IADL's		

**HOME CONDITION & PETS:**

**Can the client perform chore/heavy housework, carry wood, clean a chimney, and shovel snow without assistance? Y\_\_N\_\_ IF NO, describe the tasks the client can't perform below:**

\_\_\_\_\_

\_\_\_\_\_

**Why can't the client perform these tasks?**

\_\_\_\_\_

\_\_\_\_\_

**Is your home in need of repair? \_\_Y\_\_N If YES, describe below:**

\_\_\_\_\_

\_\_\_\_\_

**Do these home repair needs cause safety or health concerns?**

\_\_\_\_\_

\_\_\_\_\_

**Do you have pets? \_\_Y\_\_N How many? (List below, attach additional paperwork if needed).**

Name	Type of Pet	Age	Friendly?


Are you currently receiving assistance with IADL's or ADL's from anyone?  
\_\_Y\_\_N

**If yes, from whom are you receiving assistance with IADL's or ADL's?**

Do you have a Doctor's order for a Home Health Aide?

**J) MOBILITY & HEALTH CONDITIONS:** Please Answer

Please Answer

Y or N		Comments	Y or N	
a) I am able and willing to drive my own vehicle			g) My vision is impaired and cannot be corrected With lenses.	
b) I have a current driver's license			h) I wear glasses/contacts.	
c) I easily get on/off a van unassisted.			i) I use oxygen at night.	
d) I load/unload my own groceries (from car/ van)			j) I travel with oxygen.	
e) I easily shop & write a check unassisted			k) My hearing is impaired.	
f) I use help from following mobility devices:			l) I wear hearing aids.	
no help from mobility devices			m) I have been diagnosed as being diabetic.	
a cane			n) I require supervision.	
crutches			o) I have been diagnosed with autism.	
an electric scooter			p) I have epilepsy or another seizure disorder.	
a walker			q) I have an intellectual disability	
a wheelchair				
Other			<b>For office use only</b>	
			Is the client Frail based on the A and/or B below ?	
			A) Unable to perform at least two activities of daily living (ADL's) without substantial human assistance	
			B) Due to cognitive/mental impairment, requires substantial supervision because of behaving in a manner that poses a serious safety threat to themselves or others	

**Do You Have Any Difficulty in the Following Areas?** (Mark Y or N)

a) self-care		f) self-direction/act independently	
b) understanding / communication		g) living independently	
c) speaking		h) responding to direction	
d) learning		i) managing emotions	
e) moving/mobility		<b>TOTAL (a-i)</b>	

(Mark Y or N)

Memory	If Yes, circle the appropriate level of impairment/difficulty, below.		
<b>Have you been diagnosed with a memory impairment?</b>	Mild	Moderate	Severe
<b>Have you been diagnosed with a cognitive impairment?</b>	Mild	Moderate	Severe
<b>Do you have difficulty remembering appointments, family occasions, holidays, and medications?</b>	Mild	Moderate	Severe
<b>Do you have difficulty assembling tax records, business affairs, or other papers?</b>	Mild	Moderate	Severe

<p><b>Are you interested in volunteering for the Coalition?</b> (If "yes", provide information to the Program Coordinator)</p>	Y or N	<p><b>Which volunteer opportunities interest you</b></p>
--	--------	--

## ADDITIONAL RESOURCES

Volunteer Opportunities By Program	Time Commitment	Description
Transportation	4 hr. initial training, +1x per 3 month minimum: 3 x per week maximum.	Volunteer Driver - drive seniors to medical appointments in your own car Trip Assistant- Attend scheduled trips and provide support/ assistance the driver and to participating seniors.
Homemaker	8 hr. initial training, + 2 hours, 1x per week	Clean seniors' homes to provide a healthy and safe living environment.
Handyman	2 hr. initial training, 1 x per yr, minimum: 3 x per year maximum	Provide health and safety-related minor repairs to senior homes.
Rural Area Meals Program (RAMP)	1 day per month.	Deliver meals to rural/homebound seniors.
Office	Variable	Newsletter: Desktop publishing or mailing preparation. Answering phones Website updates Press Release
		<i>Professional Skills welcome</i>

If Requested Referral	Would you like information for other services?	
	Provided Referral (write in name of agency referred to)	Information or Referral Category
✓		<b>Dental</b>
		<b>Financial</b>
		<b>Food</b>
		<b>Fuel</b>
		<b>Information/Referral</b>
		<b>Legal</b>
		<b>Medical</b>
		<b>Personal Care</b>
		<b>Respite</b>
		<b>Shelter / Housing</b>
		<b>Tax</b>
		<b>Transportation</b>
		<b>Utilities</b>
		<b>Vision</b>

<p><i>Agreement to be contacted does not obligate you to participate</i></p> <p style="text-align: center;">↓</p> <p><b>Initial for release</b></p>	<p>On occasion, Park County Senior Coalition is asked to recommend seniors for the following services. Do you want to Park County Senior Coalition to give out your name and contact information for the following offers?</p>
	<b>Holiday Food Baskets</b> Provided through the Sheriff's Office
	<b>Holiday Food Baskets</b> Provided through a community Food Bank
	<b>Holiday Food Baskets</b> Provided through a local youth group
	<b>Community Service/Wood</b> Provided through a church
	<b>Community Service/Wood</b> Provided through a local youth group
	<b>Community Service/Wood</b> Provided through a local individual
	<i>If initialing above, you acknowledge that this listing of services does not indicate PCSC endorsement.</i>

✓ If Provided Referral	How did you hear about our services?
	<b>AAA Brochure/Flyer</b>
	<b>AAA Newsletter</b>
	<b>(TV) Channel 9 Senior Source</b>
	<b>Congregate Meal Site</b>
	<b>From a Current Client</b>
	<b>Friend/Relative</b>
	<b>Senior Information Fair</b>
	<b>Walk-In</b>
	<b>Website</b>
*	<b>Other</b>
<b>*Describe If "Other"</b>	

<b>Household information:</b>		Number in Household _____
NAME _____	BIRTH YR. _____	GENDER _____
NAME _____	BIRTH YR. _____	GENDER _____
NAME _____	BIRTH YR. _____	GENDER _____
NAME _____	BIRTH YR. _____	GENDER _____