

# PARK COUNTY CITIZEN CORPS PROGRAM

The Park County Citizen Corps Program is hosting our second Citizen Emergency Response Training (CERT). This sixteen-hour course will be held on October 18<sup>th</sup> and 26<sup>th</sup> in Bailey, Colorado.

Emergency services personnel are the best trained and equipped to handle emergencies. However, following a catastrophic disaster, you and the community may be on your own for a period of time because of the size of the area affected, lost communications, and closed or blocked roads. Accordingly, the CERT program was developed at the national level to harness the power of every individual through education, training, and volunteer service to make communities safer, stronger, and better prepared to respond to the threats of fire, flood, terrorism, public health issues, and disasters of all kinds.

CERT Training is designed to provide citizens some basic training in disaster survival and rescue skills that will improve their ability to survive until responders or other assistance can arrive. Because emergency services personnel will not be able to help everyone immediately, you can make a difference by using the training in the CERT program to save lives and protect property. With training and practice and by working as a team, you will be able to do the greatest good for the greatest number after a disaster, while protecting yourself from becoming a victim.

The CERT program will teach citizens to:

1. Identify the types of hazards most likely to affect their homes and communities.
2. Learn the function of CERT and their roles in immediate personal response.
3. Take steps to prepare themselves for a disaster.
4. Identify and reduce potential fire hazards in their homes and workplaces.
5. Apply basic fire suppression strategies, resources, and safety measures.
6. Apply techniques for opening breathing airways, controlling bleeding, and treating shock.
7. Conduct triage under simulated conditions.
8. Perform head-to-toe assessments.
9. Employ basic treatments for various wounds.
10. Identify planning and size-up requirements for potential search and rescue situations.
11. Describe the most common techniques for searching a structure.
12. Learn to assemble their 72-hour personal preparedness kit.

If you are interested in attending this training, please contact Kathy Curcio, Citizen Corps Program Coordinator at (719) 836-4289 or by email at [kcurcio@parkco.us](mailto:kcurcio@parkco.us). If you have additional questions about the program, contact the Office of Emergency Management at (719) 836-4372.